

In the Summer Term, as part of our theme of growth and renewal, after many lockdown, due to the pandemic, every child was given a pot of soil, a sunflower seed to grow and nurture at home.



Marner Sunflower Project



We would like to give you the chance to grow your very own Sunflower from a seed.

You will need a pot, some potting compost and a sunflower seed.

Push the seed gently below the compost and water well. Keep you seed/seedling well-watered. You might want to put your water on a saucer to catch the excess water.

Try not to touch your seedling and, once it comes through, put it on a windowsill in the sunlight. Seedlings can get a bit cold outside, so you might want to wait until it looks sturdier, with bigger leaves, before you put it outside in your garden or on your balcony.

We would love to see some photos of your sunflowers growing. Send photos to your teacher on DOJO or on Google classroom. If you want to bring your plant in to show you can do that too!

Good luck with your home growing project everyone!

Enjoy looking after a living thing and we hope your seed grows up to be a sunflower one day.

Remember WATER is essential for life.

If you do not have any success with the sunflower seed then try using another seed from your kitchen (tomato or pepper) or from a flower (dead flowers leave seed heads) in your pot. Growing seeds is not easy but you will get better at it with practice. IF we grow more flowers together, we can make habitats and food for insects and help improve our environment.

Amazing facts about sunflowers:

Each sunflower has 1000 -2000 seeds.

There 70 different sunflower species.

Sunflowers turn their heads towards the sun.

Sunflowers originated in North America.

Ground sunflower seeds can make a type of peanut butter.

Sunflower seeds are a healthy snack.

Sunflower seeds are crushed to produce oil.

Sunflowers absorb toxins in the soil and help clean it.

The tallest sunflower on record was 9 metres tall.

